

Student Health Resources

Please Note: Not all of these organizations are affiliated with Academy of Art University, who does not necessarily endorse or guarantee their services.

FOR EMERGENCIES CALL 911

Campus Safety: 415.618.3911

Crisis and Non-Emergency Lines

[San Francisco 24-hour Hotline for Mental Health Services](#)

Call or text 9-8-8

Provides 24/7 confidential support to people in crisis

[Crisis Text Line](#)

Text HOME to 741741 (24/7)

[Veterans Crisis Line](#)

Call 9-8-8 then press "1"

Text 838255 or [online chat](#) (24/7)

[The Trevor Lifeline \(LGBTQ+\)](#)

866.488.7386 (24/7)

Text START to 678-678 (24/7)

[National Sexual Assault Hotline](#)

800.656.4673 or [online chat](#) (24/7)

[NAMI Warm Line Directory \(non-emergency\)](#)

National Alliance on Mental Illness

[Emergency Chat App](#)

App for silent communication

[International Crisis Lines Directory](#)

Suicide and crisis lines around the world

Mental Health Resources

[The JED Foundation](#)

Free self-care and mental health resources for ArtU students

[Psychology Today](#)

National guide to therapists, teletherapy, psychiatrists, treatment centers, and support groups

[CalHOPE](#)

Peer support counseling and resources for CA residents

[BIPOC Mental Health Resource](#)

Therapy directory and resources for Black, Indigenous, and People of Color

[National QTBIPOC Network](#)

Online resource that helps QTBIPOC connect to mental health practitioners

[Open Path Collective](#)

Therapy in all 50 states, in-office or online

\$29 for student lifetime membership; \$30-\$60 per session

For the uninsured or underinsured

[California Institute of Integral Studies \(CIIS\)](#)

Therapy for CA residents

Sliding scale; does not accept insurance

Medical Resources

[One Medical](#)

800.407.4627

For eligible ArtU students with [Anthem Student Advantage](#)

[Student Health Insurance FAQ](#)

[Planned Parenthood](#)

800.230.7526 (24/7)

TEXT "PPNOW" to 774636 for quick Q&A

Online and in-person health services

Sliding scale based on income

[MD Live](#)

800.400.6354 (24/7)

\$82 or less for non-emergency medical consultation,

\$108 or less for therapy, depending on insurance